



**IDA-B DOMAIN**

# ORCHID SPA

## MASSAGE THERAPY

*Enjoy a fascinating encounter with the essences...relax with a massage that will renew you.  
both mentally and physically.*

### ASIAN IDA B DOMAIN SIGNATURE MASSAGE

**60 minutes 3,600 Baht**

Exclusive to Ida B Domain Spa, this unique massage combines strong pressures of Thailand.

### SPORT MASSAGE

**60 minutes 3,200 Baht**

A massage performed on the entire body, on the back, neck, shoulders, and thighs, which are more exposed to stress and tension, it relaxes and eases tense and painful muscles after physical exercise.

The pressure intensity depends on the individual's requirements.

### SWEDISH MASSAGE

**60 minutes 3,700 Baht**

The most popular form of massage in the west total body massage consists of gentle and more intensive effleurage, petrissage, friction, atonement, compressing and vibration techniques. It provides. Both physical and psychological effects, because it improves lymphatic and blood circulation, relieves. Pain in muscles and joints and exerts a beneficial effect on the nervous system.

### AROMATHERAPY MASSAGE

**60 minutes 3,700 Baht**

Total body massage using a blend of essential oil and various massage techniques deeply relaxes and stimulates the balance of body and spirit. The selection of essential oils depends on the individual's needs and requirements, as well as their character.

### THAI TRADITIONAL MASSAGE

**60 minutes 2,400 Baht**

Deep tissue and dry finger pressure massage, together with gentle stretching improves vitality and relieves tension. It enhances the blood circulation and harmonizes body energy. The therapists use special techniques which were once intended only for members of the Thai royal family.

### ALOE VERA AFTER – SUN

**60 minutes 3,000 Baht**

Aloe vera will function as a medical rehabilitation after sun skin features that help increase the water soaked to the skin. Aloe vera gel provides the skin, dehydrated by exposure to the sun and various pollution elements, with a fresh and comfortable feeling. In addition, aloe vera supplies nutrients, restores, and stimulates the regeneration of the skin, as well as moisturizes and restores its texture and vitality preventing from peeling.

### THAI FEET REFLEXOLOGY MASSAGE

**60 minutes 2,000 Baht**

By pressing points on the feet, this massage technique helps to stimulate the natural healing process and relieve tension, improving the performance of vital organs. Simultaneously, it provides body balance, reduces stress and improves blood circulation. By relieving pain, it provides a light sensation in the feet.

### ANTI-STRESS BACK AND SHOULDER MASSAGE

**40 minutes 1,900 Baht**

Dry massage with pressure, focused on the locomotor portion of the back and shoulders, relieves pain and tension. Aimed at relaxing, it relieves stress, as well as stimulates blood circulation and the nervous system to restore vital strength and give fresh impetus.

## INDIAN HEAD MASSAGE

**40 minutes 2,000 Baht**

This beneficent massage relieves stress, eases headaches, and improves general well-being, because it relieves head and neck tension, as well as relaxes the décolleté.

The acupressure massage technique and essential oils invigorate and regenerate the scalp and strengthen hair from roots to tips.

## THAI PRA-KOP HERBAL HOT COMPRESS

**60 minutes 3,200 Baht**

A heated herbs compress in combination with the massage has beneficial effect on individual's well-being; it stimulates blood circulation, relieves tense muscles, and eases joint aches resulting from various conditions (rheumatism, arthritis etc.).

## THAI HERBAL BODY SCRUB

**50 minutes 1,600 Baht**

The origins of this healing ritual reach way back into Thai history. The therapy was preserved to this day due to its extraordinary healing and beneficial effects. A blend of Thai herbs eliminates impurities from the skin, nourishes and restores its suppleness and softness.

## COFFEE DETOX BODY SCRUB

**50 minutes 1,600 Baht**

For someone with a rough surface, leaving a soft and radiant skin, eliminating toxins.

## COCONUT BODY SCRUB

**50 minutes 1,600 Baht**

Suitable for people with sensitive skin to help soften your skin and removes dead skin cells.

## SUNBURN SOOTHER BODY WRAP

**50 minutes 1,700 Baht**

Suitable for people with skin peeling, red skin to sunlight, helps the skin moistness not to dry out.

## ANTI-AGING BODY WRAP

**50 minutes 1,700 Baht**

Firming the skin and reducing its roughness.

## THAI HERBAL FACIAL TREATMENT

**60 minutes 1,800 Baht**

Scrub containing refreshing Thai herbs to eliminate toxins and dead skin cells.

## DEEP FACIAL CLEANSING TREATMENT

**60 minutes 1,800 Baht**

Oily skin with dark spots on the face, this treatment will let your face deep clean even more.

## AFTER SUN FACIAL TREATMENT

**60 minutes 1,800 Baht**

For white skins with red sunburn will help reduce the heat to cool the skin on your face.

## FOOT SCRUB

**30 minutes 700 Baht**

For the heel of the foot to help soften up as the children's feet.

# IDA B DOMAIN EXPERIENCE

## IDA B DOMAIN SUN CARE

**120 minutes 5,200 baht**

Aloe vera body wrap

Aloe vera massage

Aloe vera facial

If you have an allergy, it is important to inform your therapist and they will be happy to take care of your need.

All the prices are in THB Vat Included, excluded service charge 10%

*“Nothing is Impossible”*

